

Introduction GlideCycle

GlideCycle provides an entirely new frontier in exercise and human mobility with a fun and highly effective form of low-impact, aerobic exercise. People who never expected to run again are able to enjoy significant aerobic training benefits in spite of painful joints, permanent disabilities, sports and orthopedic injuries, various neurological conditions or challenges associated with de-conditioning and excess body weight.

Freedom to Walk & Run

Individuals with physical disabilities, such as amputees, have experienced the freedom to run independently with friends, family and children while enjoying the outdoors. Athletes have been able to safely and effectively train through injuries and complete sport seasons with high-level performances. Others, including aging baby boomers, have an optimal fitness tool available, which will accommodate many of the physical barriers to effective and enjoyable exercise and recreation.

Orientation Rides and Classes

Learn how GlideCycle's unique, minimal-impact ride can help get you running on the road to exercise, fitness and recovery from injury.

To schedule a no cost/no obligation orientation session, call us at 541.292.7520. Friends and family are welcome.

Watch for upcoming GlideCycle fitness class schedules on our website at www.glidecycle.com.

Therapy and Research Program

GlideCycle is offering a trial of training and exercise opportunities in order to explore and document the benefits for a wide range of physical conditions. This program is supervised by a licensed physical therapist and is available during regularly scheduled hours within a local training facility.

Ongoing sessions will be free of charge to qualified candidates. For more information please contact our main office at 541. 292.7520, or by email at pt@glidecycle.com.

GlideCycle Testimonials

"I just thank God that somebody invented this and I got referred to it. I feel very lucky."

Nancy Hawkins, University Professor,
Athletic Trainer, Nutritionist, Coach, Tri-Athlete

"My walking has increased. My balance has increased. My posture has improved so radically my crutches have gone from 5'3" to 5'6". I was told 15 years ago I would never run again. I am running again."

Holly Rush, Disability Outreach Coordinator,
Above Knee Amputee

"I am very impressed by the Glidecycle. I am impressed with how it works, how it moves, how I am able to be out in the outdoors with friends and family. It's just something I would recommend for anybody."

Mike Foster, Amputee Team Leader,
Hip Disarticulation Amputee

"I have seen people with all manner of lower extremity impairment able to sit on the GlideCycle and accomplish the ability to run almost instantly."

Keith Wolford, OTR/L, Acting Manager,
CC&RS, Roseburg VA