

GlideTrak Instructions

(Position client as shown in illustration.)

Client positioned to the center of the space within the GlideTrak frame.

Position shoulder straps behind the client.

Set angle from GlideTrak to seat (40 to 50 degrees). Set both straps tight.

Tilt pelvic riser tube to a forward angle and set pad against hip bones.

Note buttocks hang on angled seat edge to allow free leg movement. Do not sit completely flat on the seat. Note saddle assembly general position.

Note posture upright and forward with a slight knee bend when leg is extended.

Set rear lower strap to slightly downward angle. Rear upper safety strap to remain loose.

Set treadmill incline half way up to allow user to increase or decrease weight bearing with control arrows.

